

## El Supremo's Medway Meander Permanent 200

Dear Rider

Thank you for entering this Audax UK Permanent event, originally created by Dave 'El Supremo' Hudson.

### Category 2 Advisory route Permanent Events (Validation by GPS track or E-Brevet as proof of passage (PoP) only)

"You must use electronic proof of passage (GPS or E-Brevet- AB09) for this event." If you wish to use physical PoP and a Brevet card, please contact the organiser directly before entering to discuss.

For these events you will see two entry buttons - Choose either "Enter by GPS" or "Enter Online"

**Advise me 24 hours BEFORE you ride this event.**

The route sheet is taken directly from the original route sheet created by Dave but in a format that includes cumulative KMs and if cut/folded along guidelines fits into 100 x 140mm Self Seal bags.

Control	Description <b>Start/Finish control can be any same control on the route.</b>
Edenbridge (Start)	Various outlets on the High Street From the High Street carpark heading South there is a Lloyds Bank ATM on R  There is a Waitrose, with café and ATM, on the bypass.
Medway Services	Various Outlets
World of Water	Lilleys Café  Mon to Sun 09:00 to 16:00. Closed XMAS to Feb 1st. Only accept cash. The owner will sign your Brevetcard unless doing GPS / eBrevet validation.  If running late and unlikely to make WoW before it closes or during XMAS shutdown, please use the Petrol Station on downhill AFTER leaving Tenderden unless doing GPS / eBrevet validation.
Eastbourne	ASDA Superstore, ATM
Edenbridge (Finish)	Various outlets on the High Street From the High Street carpark heading South there is a Lloyds Bank ATM on R  There is a Waitrose, with café and ATM, on the bypass.

Look out, Look out **POTHOLES** about. There are many damaged roads so proceed with caution

## Route

**Stage 1 (57km):** Leaving Edenbridge we are soon heading easterly through Tonbridge, East Peckham, Yalding, West & East Farleigh, and Tovil before entering Maidstone. A recent change now routes riders through the city centre, avoiding the busy dual carriageway ring road before we head North to Boxley and the long climb to the top of the North Downs. Once at the top of the climb and we have our breath back to continue through Bredhurst before crossing the M2 and the Medway Services to control.

**Stage 2 (52k):** From the Medway Services we spend most of this stage on some narrow country lanes, with some turns easy to miss on fast descents! Eventually we pass through Tenderden and Rolvenden before our next control at the well-used World of Water Lillies Café.

**Stage 3 (42k):** We now continue South through Northam, Staplecross, Cripps Corner and Sedlescombe before heading to Battle. From Battle we have the climb of Powdermill Lane to Catsfield, where we turn off to Lunsford Cross, Little Common and Cooden Beach. After Cooden Beach we take the coast road to Normans Bay and beyond before arriving at the Asda store in Eastbourne.

**Stage 4 (60km):** From Eastbourne we now head North to Hailsham before the more lumpy lanes through Horam, Waldron, Hadlow Down, and Crowborough before the final section back to Edenbridge.

## Notes

This Permanent Event is for experience cyclists who will be aware of the following:

- Have familiarised themselves with the route before the event, ensuring competence and fitness to complete the course, roadworthiness of their bike and possession of adequate cycle repair equipment, spares and skills.
- During the event, riding safely, according to the rules of the road and personal capabilities, and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.
- Personally, deciding not to continue if feeling unwell or too tired.
- As with any journey on public roads being aware of and allowing for highway design and maintenance, other road users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris, obstruction of all kinds, poor or non-existent lighting on night sections and oncoming headlights.
- As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions.
- Preparing the bike (and rider) and carrying spares and tools and knowing how to use them.
- In the event of bad weather, making a personal decision over starting or continuing.
- Being equipped to deal with bad conditions
- Making private arrangement if rescue facilities are wanted. (The CTC have a Rescue Scheme that could be considered if you are likely to be unable to summon your own assistance).
- Being adequately rested before travelling home after finishing an event.

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- As with all Audax UK rides you are always on a private excursion on the public highway and responsible for your own conduct.

## GPS Validation

After the event go to the "Upcoming and Pending Events" section on your dashboard (the screen you see when you first login) and look for your ride. Expand the arrow to find the upload link for your track.

▼	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	<a href="#">View</a>			
^	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	<a href="#">View</a>			
Event No:	JHA27	Category:	PERMANENT	Points:	2	AAA:	0	Event Type:	Permanent	<a href="#">Upload Link for GPS track</a>

You can upload the following file types:

- gpx
- tcx
- fit (which will be converted to tcx before processing)
- zip (multiple gpx or tcx files)

The uploader link is specific to a particular entry - you can't use it for any other event, or for a second entry on the same event.

There is a file size limit of 1Mb.

Wahoo fit file are not accepted, because Wahoo have recently moved to a new fit2 format.

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